



# TRAINER

## YOUR RESPONSIBILITIES AS A REGISTERED TRAINER

### AT THE TIME OF REGISTRATION:

- Ensure that you have completed the necessary forms.

### PRIOR TO A CONTEST:

- Ensure your registration is current.
- Ensure your Contestants have a current registration and that their Contestant Record Book is available at the weigh-in for endorsement by the Commission Representative and the Medical Practitioner.
- Ensure Contestants are not under or over matched, are fit and ready for all contests and within the agreed weight limit.
- Ensure Contestants are at the promotion and weigh-in venues on time and properly prepared.
- Ensure prohibited substances or procedures are not administered to a Contestant in contravention of the World Anti-Doping Agency Code.

### DURING A CONTEST:

- The Trainer may enter and stand inside the contest area during a rest period in a contest. For Muay Thai and Mixed Martial Arts contests an additional Second may also enter the ring during a rest period.
- The Trainer may throw a towel into the contest area to notify the Referee to terminate the contest where the Trainer considers the Contestant is in danger of being seriously injured by continuing in the contest.
- Ensure the stools, buckets, towels and other items used by the corner are removed on hearing the 10 second warning signal during a rest period. Buckets must be removed in such a way as to prevent liquids from spilling and contaminating the contest area or the floor in the corner.
- Ensure excessive amounts of water are not used on any part of the body of a Contestant. The Referee may require a Trainer to towel dry a Contestant to remove excessive amounts of water.
- Wipe all liquids and moisture from the canvas in the contest area.
- Ensure that only Commission approved ringside supplies are used during a contest. All ringside supplies must be arranged prior to the contest.

- Ensure white petroleum jelly is not applied to any part of the Contestant's body other than a thin layer on the face. The Referee may require excessive amounts of white petroleum jelly to be removed.
- The bandaging and taping of a Contestant's hands shall be conducted by a Trainer in the dressing room. Taping on each of the Contestant's hands must not be applied past the knuckles.
- Fit the Contestant with gloves immediately prior to the contest. Do not work or break in or manipulate gloves.
- Gloves shall be inspected upon completion and signed or stamped by the Head Referee.
- Ensure the Contestant wears all protective equipment, as prescribed by the Commission, including a mouthguard and groin guard and is of a neat and tidy appearance.

### POST CONTEST:

- Ensure Contestants complete a post-contest medical examination and have their Contestant Record Book completed by the Medical Practitioner.
- Ensure all instructions of the Medical Practitioner are followed.
- Ensure the Commission is advised of a Contestant's interstate/overseas contest results and suspensions within seven (7) days of a contest.

